



Training packages for health professionals to improve access and quality of health services for migrants and ethnic minorities, including the Roma
MEM-TP

Module 3: PROFESSIONAL SKILLS

Training Unit: Interpersonal skill development

Activity 8: Breaking bad news technique

*Prepared by:
Andalusian School of Public Health*



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**Migrants & Ethnic Minorities
Training Packages**



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Module 3: PROFESSIONAL SKILLS**Training Unit: Interpersonal skill development****Activity 8: Breaking bad news technique**

According to the S.P.I.K.E.S Strategy developed by Buckham, the following steps have to be taken for properly breaking bad news:

- **Setting.** Preparing environment
- **Perception.** What does he/she know?
- **Invitation.** What does he/she want to know?
- **Knowledge.** Sharing information
- **Empathy.** Responding to the patient's feelings.
- **Strategy and summary.** Care plan.

In small groups, implement the 6 steps and represent the situation described. Possible situations to describe are: the diagnosis of a chronic illness, e.g. diabetes; a progressively incapacitating illness, such as degenerative illness; or a de-structuring psychopathic illness, e.g. Alzheimer.